



St. Paul's Hospital

School of Nursing

Alumni Newsletter 2022

Message from the Editor

Here we are finishing up our second year of Covid! Would we have ever guessed that this situation would carry on so long and cause such havoc with our daily lives! My heart goes out to the nurses, doctors, support staff and their families who go daily into the environment of this terrible illness to look after those of us who require care. Thank you to them for their continued care and support! Hopefully the coming months will see the world get control and begin to return to some semblance of normalcy!

No information was received from our chapters of our Alumni, so none is included in this report. I would like to thank our Alumni officers who sent in their reports and information!

Lyn Swenson (Edwards '69)

Prayer

*Morning is the perfect time to pray, to love, to care, to smile, to relax,
And to thank God for giving us another beautiful day!*

- Daily Inspiration

Message from the President

Welcome to 2022! - and another strain of Covid-19. Will it ever end? St. Paul's Hospital Nurses Alumni continue to communicate to our members through e-mail, phone and newsletter. The Executive Committee meets periodically to discuss the financial status and determine the donations that we continue to disperse.

We also focused on the possibility to arrange a meeting/ social for the members. The Social Committee planned a Christmas social and meeting in December which was a success. The Alumni was grateful that we were once again able to see friends and enjoy the tasty Christmas dinner with classmates and friends. They also received an update of the Alumni business during the last year.

Hopefully we can plan for the annual meeting in the spring. The Alumni maintains contact with St. Paul's Hospital who have been providing treatment and care to those stricken with Covid.

Our major focus is to reach out to our fellow Alumni in a caring manner supporting each other during the isolation and restrictions of the pandemic. We care about you! May you continue to have hope, good health and peace of mind in 2022.

Monica Beavis (Cey '66)

Alumni Meeting - December 7, 2021

A short Alumni meeting was held with our Christmas Luncheon. The following is an abbreviated description of what decisions were made during the meeting.

As it has not been possible to continue with regular meetings, it was decided that all Committees will carry on with the existing members and business until such time as an election can occur.

The Alumni will also continue with the previous motions of a \$5000.00 donation to St. Paul's Foundation and \$4000.00 for Scholarships for another year.

Verbal reports of the Committees activities were delivered to those that were at the luncheon. It is hoped that we can soon return to a somewhat normal level of meetings, and social events.

St. Paul's Hospital School of Nursing Alumni Association

Officers and Conveners, 2022

President	Monica Beavis
Past President	Sharon McCallion
Vice President	Diane Hergott
Secretary	Sharon McCallion
Treasurer	Diane Neufeld

Committees

Program/Social	Mary Humen Louise MacLeod Bernie Steckler
Newsletter	Lyn Swenson Lily Krause
Cards/Flowers	Cecilia Gursky
Visiting	Rose Normand Margo Bussiere
Welcoming/Membership	Reta Taylor Bernadette Steckler
Phoning	Carol Smandych
Scholarship	Joyce Lenz Agnes Valade
Archives	Marlene Davis Kay Turner
Honor Guard	Elaine Uhryniw

Welcoming and Membership

The years of 2020 and 2021 have given us two years we will never forget! Keeping in touch is once again more important than ever during this long difficult and unpredictable Covid pandemic time. Restrictions to assist in controlling the spread of this virus and its seemingly never ending array of variants has resulted in only one in-person meeting which was our annual Christmas meeting. Many of you in the past paid your membership fees at these in-person gatherings, however we are asking that you send in the \$20 fee via mail to:

Diane Neufeld

734 Wilkinson Way, Saskatoon S7N 3L5

I am happy to report that our paid memberships are a little ahead of last year at this time with 23 paid! Thank you! These memberships are our only source of income, and it is what we use to pay for the newsletter printing and mail.

Please continue to inform me of any change in contact information, addresses, or in your preference to receive the newsletter via email or regular mail. We are presently in the time of our lives where changes happen to us more frequently.

Respectfully submitted,
Reta Taylor (Watton '63A) (Cey '66)

Social Committee

A great time was enjoyed by 35 Alumni members on December 7, 2021 at the Western Development Museum. This was for our Christmas luncheon, and we decided to meet even though Covid was still among us. With several members passing away during the last couple of years and some moving into long term care, our active Alumni has become a smaller group. Our hope is that in the year to come, the viruses which are causing so many to be cautious, will be eradicated so we can enjoy the company of one another again! We would like to see as many Alumni as possible come out to the 2022 spring meeting!



Respectfully submitted,
Mary Humen (Fedeyko '66)
Louise McLeod (Quintal '66)

Scholarship

There were a total of four enquiries and four applications received for the St. Paul's Hospital Nurses Alumni Scholarship for the year 2021. The monies to be awarded were:

- \$4000.00 SPH Nurses Alumni Scholarship
- \$1000.00 scholarship given by Joyce Lenz in memory of her sister Doreen Mitchinson who graduated from the University of Saskatchewan in 1958, and interned at St. Paul's Hospital 1958-59.

Scholarships were awarded to the following:

- **Brenna Flanagan** - granddaughter of Noreen Lambert ('45) and great-granddaughter of Eva Daley ('14) who were both graduates of St. Paul's Hospital. Brenna receives a scholarship of \$2000.00. She is in her second year of Masters of Public Health at University of British Columbia.
- **Lauren Murphy** - granddaughter of Helen Borschneck ('66). She receives a scholarship of \$2000.00. Lauren is in her fourth year of the Bachelor of Nursing Program, University of Lethbridge, AB.
- **Grace Smith** - granddaughter of Helen Borschneck ('66). She receives the scholarship of \$1000.00 given by Joyce Lenz in memory of her sister. Grace is in her second year of the Bachelor of Nursing Program, University of New Brunswick, Fredericton, NB.

Congratulations to these young people. We wish them the best in their chosen profession!

Respectfully submitted,
Joyce Lenz (Greve '59)
Agnes Valade (Kirchgesner '60)
Lily Krause (Baergen '58B)

"Laughter opens your heart and
soothes your soul.
No one should ever take life
so seriously that they forget to
laugh at themselves!

- Robert S. Sharma

Home Visiting

The visiting committee faced another year of visiting uncertainty with the Covid variants presenting here and there. We had the opportunity to visit some Alumni members and were denied visitations to other members in some facilities. We had a total of 19 Alumni members to visit this Christmas: four in long term care, four in private care homes, and eleven in assisted living facilities. We were unable to visit five Alumni members due to Covid restrictions. Eight members are residing at Trinity manner and Margo chose to visit these members in full nursing uniform, cap and cape! They visited all together over coffee and cookies, and shared many wonderful stories of reminiscence about dusting, making cotton balls and gauze squares, sharpening needles and other tasks too numerous to mention! What a wonderful visit, enjoyable to all!



Alumni members visited received a small hand-made Christmas bag containing hand lotion, a box of Kleenex, and a pair of non-slip warm cozy socks. All were so grateful for their little gift and several expressed these words: "A big thank you to the Alumni for remembering me!"

Gratefully submitted,
Rosemarie Normand (Kiefer '67)
Margot Bussier (Fournier '63)

Archives

Due to Covid, we have been unable to attend the archive room in the old residence. We are both anxious to continue our inventory and to separate archival material from memorabilia.

Respectfully submitted,
Marlene Davis (Welk '57)
Kay Turner (Fitzmaurice '64)

Cards and Flowers

Eight sympathy cards were sent to the families of the SPH nurses who passed away in 2021. Seven cards were sent to Alumni who lost family members during the past year.



This list is far from comprehensive. Many other deaths occurred in our membership as well as many more that were ill and in hospital. Please...if you know if someone has died, is hospitalized or is ill and could use a little encouragement or acknowledgement, let me know!

You could send an email to:
Cecilia Gursky @ mdgursky@sasktel.net

No flowers were sent to the chapel at the hospital as it is closed due to Covid.

Respectfully submitted,
Cecilia Gursky (Scherman '66)

One day at a time is all we should
be dealing with as we cannot go
back to yesterday, nor can we
control tomorrow.
Live for today!

- Lessons Learned

Newsletter

The newsletter is one of the significant costs to the alumni budget, therefore your membership renewals are important. The renewal form is attached to the newsletter. Thank you for your attention to this matter!



A sincere thank you to those of you who send such lovely comments about your newsletter! We appreciate your comments!

Costs for 2021 Newsletter:

Stamps	\$ 400.00
Layout/Design + Printing 300 copies	\$ 760.00
Total	\$1160.00

Lyn Swenson (Edwards '69)
Lily Krause (Baergen '58B)



Florence Nightingale

Honour Guard 2021

The Honour Guard was privileged to serve on the following occasions:

1. Funeral Service for Dr. Michael Krochak
2. Memorial Service for Loraine Schultz (Christopherson '61)
3. Mass of Christian Burial for Matilda (Millie) Lorne (Sholter '55)
4. Graveside Service for Lois Larmour (MacLaren '43)

Honour Guard for deceased member Noamle Ladouceur (Denowski '53) will be offered when the date of her Service is confirmed in 2022. One family refused our offer of the Honour Guard and one family did not respond to our offer of the Honour Guard.

Guidelines for Alumni Honour guard during an epidemic:

1. Participating Alumni Members will be vaccinated in accordance to established protocol, as defined by Public Health Authority Saskatchewan.
2. Masking and distancing will be followed.
3. It will be an outdoor honour guard for funeral services until protocols change.

Families are very appreciative of the Honour Guard being in attendance at the Service for their loved one.

Thank you to all the Alumni Members who participated.

Respectfully submitted,
Elaine Uhryniw (Madson '61)



Honourable Mentions



Freda Erb (Shellenberg '62B) passed away November 14, 2021 in Argentina at the age of 81. She was born in Watrous, SK and after she completed her nurses' training, she went to Bolivia in the early 1960's through the Mennonite Central Committee where she worked with the Mennonite Church for more than 20 years. In 1982 she married Delbert and they went

to Argentina to work and contribute in the Argentine Mennonite missionary endeavour. Freda was involved in many activities that developed the Church's vision in South America, promoted connection with other churches in Illinois, linking the Patagonia Mission project and the Mennonite Mission Network globally. She served as the Latin American secretary for the Mennonite Board of Missions for several years. She was deemed as a role model, was creative and innovative, involved in nursing, education and church ministry until retirement... then continued to be involved with her husband in a retired life of church ministry until her death! Honourable long service to her church and fellow man!

Many of our Alumni remain active after retirement by volunteering at the Saskatoon Hospitals. Here is a story of one Alumnus, Joyce Lenz, who retired in January 2000 and has volunteered ever since by playing piano at the hospitals and Senior homes and Palliative Care since her retirement. Joyce takes her portable Yamaha Clavinova piano to all the places she plays, plays until she is tired and then returns home. She loves to do this for those patients who love to hear the music!

One day, she was actually walking to the carpark when she heard her name called over the hospital loudspeaker to come to the ICU. The nurse there wanted Joyce to play for an unconscious patient who they felt might benefit from hearing some music. The patient was someone who had played in a band himself. Joyce played three songs at the end of his bed, the last song being one of Anne Murray's songs "Could I Have This Dance". When she was finished playing, the patient opened his eyes and smiled! The nurses and Joyce were astonished at the effect the music had on this patient!



Keep up the good work, Joyce!

Congratulations to Noreen Gorman (Lambert '45A) who turned 100 recently!



May your troubles be less,
And your blessings be more,
And nothing but happiness come
Through your door!

- Irish Blessing

"True humility is not thinking less
of yourself.
It is thinking of yourself less."

- C.S. Lewis

In Memoriam



1968	Faye Moore (Lee)	1954A	Bernice Sandy (Alexander)
1967	Kathy Grams (Rutten)	1954A	June Swarbrick (Ennis)
1966	Elaine Wood (Mills)	1953B	Georgiana Chartier (Champagne)
1965	Brigitte Wahenfelder (Boras)	1953B	Elizabeth Clark (Piniach)
1964	Lorraine Schultz (Christopherson)	1953B	Noamia Ladouceur (Denowski)
1963A	Maxine MacSymetz (McConnell)	1953B	Anna Waterhouse (McKee)
1962B	Judy Backstrom (Phillips)	1953B	Anna Kelly (Zypchen)
1962B	Freda Erb (Schellenberg)	1952B	Adele Haid Krahn (Sorochan)
1957A	Rita Hurley (Brydges)	1952B	Arline McIntosh (Schmitt)
1956B	Sister Marguerite (Letourneau)	1951A	Marj Francis (Cook)
1956B	Doreen Short (Walker)	1948B	Anne Darcovich (Kucirka)
1955A	Millie Loran (Sholter)	1947A	Gwyneth Everson (James)
1955A	Blanche O'Brien (Lavallee)	1947A	Yvonne O. Wardin (Walko)
1955B	Beatrice "Bea" Prpick (Cooney)		

Submitted by:
Reta Taylor (Watton '63A)



"Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest accomplishment or the smallest act of caring, all of which have the potential to turn a life around."

- Leo Buscaglia

2022 Alumni Membership Renewal 2022



As Alumni of S.P.H. School of Nursing, we encourage you to be in good standing by maintaining your membership in our Alumni Association. Please complete the form and mail a cheque for \$20.00 to:

St. Paul's Hospital School of Nursing Alumni Association
c/o Diane Neufeld
734 Wilkinson Way
Saskatoon SK S7N 3L5

Name.....

Maiden Name Graduation Year.....

Address

..... Postal Code.....

Phone Number..... E-mail.....

All cancelled cheques will be your only receipt as our mailing costs are becoming prohibitive.

